Dutchess County Protocol for Symptomatic or Positive COVID-19 Student or Staff

Student or Staff is Symptomatic

Fever or chills, cough, shortness of breath, headache, new loss of taste or small, sore throat, congestion, nausea, vomiting, diarrhea, muscle or body aches.

For complete list of symptoms visit: cdc.gov/coronavirus

Negative Case

Individual provides note from medical provider, negative COVID-19 test, or it has been at least 10 days from onset of symptoms.

Return to School

Allow individual to return.

Return to School

Positive individual will be isolated for a minimum of 10 days from start of symptoms. Symptomatic individual must be without a fever, unmedicated, and have a progressive improvement in symptoms for at least one day before returning.

Isolate Individual

Isolate symptomatic individual and send home immediately. Inform individual that they must seek medical attention and/or get tested for COVID-19.

Contact Tracing Process

- DBCH works directly with school nurse to gather case information.
- Index case (or parent or guardian) will be interviewed by DBCH.
- Close contacts (includes persons within 6 ft or less for more than 10 minutes) will be interviewed as needed.
- Close contacts will be quarantined for 14 days from the date of last exposure, advised to monitor for symptoms, and recommended to receive diagnostic test 5 days or more after exposure.

Positive Case

Individual tests positive for COVID-19.

Notify DBCH

School Nurse notifies local health department of positive case by calling 845-486-3402.

Return to School

Close contacts to positive case can return to school after 14-day quarantine period.